

The Application Of Health Protocols For SMP Negeri 5 Bilah Barat After Covid-19

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Abstract.

Corona Virus or what is often called Covid-19 is a virus that in early 2020 became a disease that attacked the community and was very scary for children and all citizens in the world. There are so many factors that cause the continued increase in Covid-19 patients, one of which is the public's ignorance about Covid-19, which makes it easy for the government to identify cases. Seeing from the potential of people who have to heed the government's appeal that we are required to work and worship at home for a while to prevent the transmission of Covid-19. The coronavirus outbreak was not only felt in the health sector but also penetrated all sectors including the education sector. In the education sector, the Covid-19 pandemic has created a policy to organize online education. Then Covid-19 also has an impact on the world of education starting from the basic education level to tertiary education. In the implementation of community service, the method used is socialization by explaining material about the Definition of Covid-19, Causes of Covid-19, Prevention of Covid-19 transmission, and How the coronavirus attacks our bodies. by using tools in the form of power points, distributing questionnaires, and practicing directly how to wash hands properly and correctly to students of SMP Negeri 5 Bilah Barat.

Keywords: *Bivalvia, bray-curtis, canonical correspondence analysis, density, gastropoda.*

1. INTRODUCTION

Corona Virus or often called Covid-19 is a virus that in early 2020 became a disease that attacked the community and was very scary for children and all citizens in the world. There are so many factors that cause the continued increase in Covid-19 patients, one of which is the public's ignorance about Covid-19, which makes it easy for the government to identify cases. Seeing from the potential of people who have to heed the government's appeal that we are required to work and worship at home for a while to prevent the transmission of Covid-19. Many factors cause people to prefer to continue to carry out their activities as they should, without having to worry about a spike in cases, which clearly shows that the number of positive Corona patients in Indonesia has increased. One of them could be from the public's ignorance of the importance of us realizing that this virus really must be prevented (Nasution et al., 2021)

Covid-19 also has an impact on the world of education, starting from the basic education level to higher education. There has been a learning activity scheme formed by the government as a result of this pandemic. The policy is that learning is carried out online or online with the use of the internet so that learning is not carried out, as usual, namely face to face in the classroom. The emergence of the coronavirus has disrupted daily activities, one of which is communicating face-to-face, such as office activities, teaching, and learning activities, or offline meetings carried out online or online (Informatics, 2021) To improve information security in exchanging information using applications that use the internet, can be one of the secrets of information.

Implementing health protocols during the Covid-19 pandemic with a pandemic situation that spurs us to change in every aspect of life. In a pandemic situation, people are expected to remain productive but still safe from Covid-19. Therefore, adopting new habits by implementing health protocols is non-negotiable. (Annisah et al., 2021). Viruses can be transferred directly through splashes of coughs or sneezes and the breath of an infected person is then inhaled by healthy people, to fight the virus what needs to be done are preventive measures such as frequent handwashing with soap, wearing masks, increasing body resistance, maintaining distance and avoiding crowds. Karo, 2012).

The purpose of this community service is so that the students of SMP Negeri 5 Bilah Barat understand and understand the application of health protocols and how to prevent them. The symptoms that can be suffered due to the virus cannot be taken lightly, so the public needs to know how to prevent and transmit the coronavirus.

II. METHODS

Socialization activities are carried out through counseling which aims to increase understanding related to health protocols that every student of SMP Negeri 5 Bilah Barat must carry out during the Covid-19 pandemic. This socialization activity will be held on January 18, 2022, from 09:00 to 11:00 WIB. The number of students who became the target of the socialization was 30 students, consisting of 15 students in class IX-B and 15 students in class IX-C. Then the material that has been given is about the meaning of Covid-19, preventing the transmission of Covid-19, and how the coronavirus attacks our bodies. using tools in the form of power points containing written and video material. After the presentation of the material, and evaluation of the information submitted was carried out to determine the level of understanding of the students of SMP Negeri 5 Bilah Barat in the form of questions given to 2 students in each different class that was randomly selected to answer questions related to the material that had been studied. be delivered.

At the beginning of the activity or before the presentation of the material, the extension team collected information on the activities of the students before the introduction of face-to-face learning activities. Different results were obtained. Some students said that they just stay at home and do online learning activities. Furthermore,

the presentation of material regarding the health protocol, namely 5 M to prevent the spread of Covid-19.

The application of health protocols is very important to be implemented. According to (Winarso et al., 2020) People who are less concerned about how to prevent Covid-19 are very vulnerable to this disease because the Coronavirus is anywhere and can infect anyone. Solutions and efforts to implement health protocols are to comply with and apply minimum health protocols that must be adhered to, namely by washing hands properly, wearing masks, maintaining a minimum distance of 1 meter, avoiding crowds, and reducing mobility. It can increase the prevention of the spread of the Covid-19 virus while at the same time improving body hygiene to avoid various viruses that can attack our bodies.



Fig 1. Explaining material related to Covid-19



Fig2. Photo with the students of SMP Negeri 5 West Blade

This activity was carried out by providing positive benefits and impacts after providing education and showing that the results of the education provided by the

extension team on how to prevent and transmit the coronavirus can increase the knowledge of SMP Negeri 5 Bilah Barat students to always apply health protocols wherever they are.

III. RESULT AND DISCUSSION

The results of this socialization are related to the implementation of health protocols in the school environment carried out at SMP Negeri 5 Bilah Barat. after agreeing with the school regarding the appropriate implementation time without disturbing the students' learning activities and continuing to implement health protocols by wearing masks and maintaining distance. So that the implementation of socialization is carried out by 2 classes in 1 room. This socialization was carried out directly to students of SMP Negeri 5 Bilah Barat to increase the knowledge they gained from the socialization. The material that has been delivered consists of (1) How to wash hands properly (2) Wearing a mask (3) Keeping a minimum distance of 1 meter (4) Staying away from crowds and (5) reducing mobility.

With this socialization regarding the application of health protocols, it is hoped that the students of SMP Negeri 5 Bilah Barat can apply it in their daily lives.

There are several examples of Coronavirus prevention that will be practiced directly by the students, namely:



How to wash your hands properly



Wearing a mask



Maintain a minimum distance of 1 meter



Staying Away from Crowds



Reduces Mobility

In carrying out this socialization, several questionnaires have been distributed to students of SMP Negeri 5 Bilah Barat, namely as follows:

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No	Statement	SS	S	RR	TS
1	How do you keep your hands clean during the Covid-19 Pandemic	50%	45%	30%	10%
2	Is it necessary to maintain hand hygiene during the Covid-19 Pandemic?	40%	30%	45%	20%
3	Is it necessary to maintain a minimum distance of	40%	35%	40%	10%
4	Is it important to cover your mouth and nose when sneezing or coughing during the Covid-19 pandemic?	30%	45%	30%	20%
5	Do you think that the implementation of health protocols during the Covid-19 pandemic needs to be obeyed	40%	50%	30%	10%

IV. CONCLUSION

This outreach activity is a community service that aims to make SMP Negeri 5 Bilah Barat students understand and understand the application of health protocols and how to prevent them. The symptoms that can be suffered due to the virus cannot be taken lightly, so the public needs to know how to prevent and transmit the coronavirus. The service carried out at SMP Negeri 5 Bilah Barat by providing education which shows that the results of the education provided by the extension team on how to prevent and transmit the coronavirus can increase knowledge for SMP Negeri 5 Bilah Barat students to always apply health, namely by washing their hands. properly, Wear a mask, Maintain a minimum distance of 1 meter, Stay away from crowds and reduce mobility.



Fig 3. Photo with students and friends” Labuhanbatu University

V. ACKNOWLEDGMENTS

The implementing team for community service activities expresses many thanks to all parties involved or have participated so that the activity can be carried out properly, especially to:

1. Chancellor of Labuhanbatu University
2. Dean of FEB Labuhanbatu University
3. Mr. Village Head of Kampung Baru Village
4. Mr. Mother Teacher of SMP Negeri 5 Barat Barat
5. State 5 Junior High School Protectors 6 West Bilah
6. Friends of the Management Department of Labuhanbatu University.

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